

CURRICULUM VITAE

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EDUCATION:

Birkenhead School, Cheshire, England 1959 – 1973

Head of School, Head of House and Head of Combined Cadet Force

Represented School at Rugby, Cricket, Hockey, Swimming and Athletics

MEDICAL SCHOOL:

Charing Cross Hospital Medical School, London, 1973 – 1978

Vice President Students Union and Secretary Rugby Club

McLeod Cup 1977 for the greatest contribution to the medical school for the year

Represented Hospital at Rugby, Cricket and Hockey

MEDICAL CAREER:

House jobs were carried out at Charing Cross Hospital, London and the Royal Naval Hospital, Plymouth between February 1979 and February 1980. Following this underwent surgical training in the Royal Navy with experience in general surgery and orthopaedics with a six-month attachment as a plastic surgeon in Derriford Hospital, Plymouth. Royal Naval service also saw me as the Surgeon to the Royal Naval Gulf Patrol in 1983 – 1984 and Surgeon to the Royal Naval Hospital in Gibraltar in August 1986 to November 1987. I left the Royal Navy in 1989.

In 1989 I emigrated to New South Wales in Australia as an Orthopaedic Specialist to the Australian Army. I served between December 1989 and August 1990 as a Lieutenant Colonel in the RAAMC. I returned to the UK as a Senior Registrar and Lecturer in Orthopaedic Surgery at Southampton General Hospital between August 1990 and August 1992 to finish my orthopaedic training in the UK, crediting as an Orthopaedic Surgeon on 1 August 1992 and becoming a Fellow of the British Orthopaedic Association.

MEDICAL CAREER (cont.):

I returned to Brisbane in August 1992 as a Consultant Orthopaedic Surgeon to the Australian Army. I left the Australian Army in December 1993 working in full time private practice in Brisbane. I had visiting rights in a number of private hospitals and as a visitor to the Royal Brisbane Hospital. I was appointed Senior Clinical Lecturer in Orthopaedic Surgery at the University of Queensland in 1992.

I returned to the United Kingdom in December 1995 to become a Consultant Orthopaedic Surgeon with interests in Spinal Surgery at the East Somerset Trust, Yeovil. I moved to Frimley Park Hospital as a full-time spinal surgeon in October 1998.

I left the National Health Service in August 2003 to set up a full time private practice, Spineworks Ltd. The aim was to provide high quality of care to patients, using a multi-disciplinary approach.

LEARNED SOCIETIES:

British Orthopaedic Association – Fellow	Royal Society of Medicine - Regional Fellow
British Association of Spinal Surgeons	Spine Society of Europe
North American Spine Society	Member, Expert Witness
Member, Expert Witness Institute	Society for Back Pain Research
Executive of World Orthopaedic Care Concern	Member, BackCare Charity
South East Spine Club (Founder Member)	Society of Expert Witnesses
Société Internationale de Chirurgie Orthopédique et de Traumatologie (S.I.C.O.T.)	

COURSES & MEETINGS ATTENDED AND LECTURES GIVEN:

I regularly attend the above societies of which I am a member. Those are the British Association of Spinal Surgeons, the Spine Society of Europe, the British Orthopaedic Association and Society for Back Pain Research. I also attend Britspine which is a meeting of the combined spinal societies. I have given papers at the British Association of Spinal Surgeons and South East Spine Club and I have also presented at Britspine.

I initially organised a South West Spine Club when I was in the south west of England and founded and organised a South East Spine Club, which meets on a regular basis to this day. These meetings provide an opportunity to present papers, discuss new advances in treatment and review difficult cases. Also I attend the Multidisciplinary Team Audit Meeting in Frimley Park NHS Hospital on a regular basis.

I organise general practitioner workshops and meetings via our organisation, SpineWorks, which are also open to physiotherapists, chiropractors and osteopaths.

In the past I have lectured on spinal disorders at St Mary's University College, Twickenham.

I have lectured to lawyers in their chambers and held a medico-legal conference at the Royal Society of Medicine.

MEDICAL INTERESTS:

Whilst in the Armed Services and NHS I performed the full range of trauma surgery with joint replacement, upper and lower limb surgery with particular emphasis on the knee.

My post as Consultant Orthopaedic and Spinal surgeon, at Frimley Park Hospital, comprised of cold and acute spinal surgery. I was on duty for all orthopaedic trauma in rota with my colleagues. The spinal unit consisted of two full-time spinal surgeons and one part-time. All spinal procedures were undertaken including deformity, tumour, trauma and degenerative conditions.

I hosted regular spinal meetings at Frimley Park Hospital and taught local Consultant Orthopaedic Surgeons who had an interest in spinal surgery. Also I lectured on spinal surgery to the Southern Radiology Society, Rheumatological Society and to Osteopaths.

I resigned from the NHS in 2003 to concentrate on setting up Spineworks, with the aim of providing high quality spinal care and a team approach towards management of back and neck problems.

MEDICAL INTERESTS (cont.):

In the past I carried out the full range of orthopaedic and spinal operations including decompressions, spinal fusions, spinal stabilisations and disc surgery. These were from both anterior and posterior techniques involving the cervical and lumbar spines. My major interest at that time was in non-fusion technology and stabilisation surgery. I also developed an interest in minimally invasive techniques. I hosted surgeons from abroad to teach up-to-date approaches and operative techniques. I was the first surgeon in the UK to use the AXIALIF technique and X-Stop decompression. I lectured internationally on these techniques and at the relevant workshops.

I have been filmed for Sky News and have appeared in the national press in regards to spinal procedures. I have articles on the BBC web site. Previously I have been involved with the Back Show held yearly in Olympia, London.

MEDICO LEGAL EXPERIENCE:

I have been compiling medico legal reports since 1990. In my time in Australia and in Somerset I was compiling approximately 50 to 60 reports a year. This rate slowed during my time in Frimley Park Hospital due to a heavy clinical commitment. I am now carrying out 200 to 250 reports a year for both defendant and claimant; my ratio is approximately 50%.

I am on the 1st Tier on the APIL Register and carry out a number of medical negligence reports. I have attended the Bond Solon Annual Expert Witness Days and training with Premex via their Expert Seminars. I have attended further training days including those with Lynden Alexander. I obtained the Cardiff University/Bond Solon Expert Witness Certificate in 2009. I am a member of the Expert Witness Institute, Society of Expert Witnesses and Expert Witness.

I have lectured to barristers and solicitors both in their offices and chambers and via a SpineWorks Conference in the Royal Society of Medicine.

I write orthopaedic reports in regards to most orthopaedic conditions including lower and upper limb. My speciality is in spinal disorders.

PRESENT POSITION:

I am a Consultant Spinal Orthopaedic Surgeon and Medical Director of Spineworks Ltd, a private orthopaedic spine practice, which aims to provide the highest quality of care and treatment to patient with back and neck problems. Although I have over 20 years' consultant level experience in spinal surgery, I no longer perform open surgical procedures and have not done so since April 2013. However, I continue to specialise in investigation, assessment and treatment of spinal disorders but my main focus now is pain management and non-surgical intervention carrying out procedures such lumbar epidural, facet joint injections, nucleoplasty and prolotherapy.

In September 2008 I was a finalist in the Independent Health Care Awards, held in London, in the category Best Medical Practice.

I am committed to education and regularly give lectures and hold seminars for medical colleagues and allied health practitioners such as physiotherapists, osteopaths and chiropractors.

I attend courses and lectures throughout the year in keeping with revalidation and continuing practice development. I have revalidated, as required by the GMC, until November 2021 and complete annual appraisal.

I am an Associate Editor of the journal International Orthopaedics, an orthopaedic peer reviewed journal. I review, edit and correct the English of all submitted articles. I have also published several articles in the Journal and have been Guest Editor for the Spine Special issue in June 2016. I perform peer review of articles submitted to the journal. I have written a chapter for a book on orthopaedics.

I am an examiner in orthopaedic surgery for Société Internationale de Chirurgie Orthopédique et de Traumatologie and occasional lecturer in spinal surgery on the South Thames Circuit. Previously I held the post of Senior Clinical Lecturer at the University of Queensland, Brisbane, Australia and I have also lectured at the University of Surrey.

CONSULTING ADDRESSES:

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BMI Mount Alvernia Hospital, Guildford, Surrey
10 Harley Street, London.